

Going to Festival of The Girl



My name is _____

I am _____ years old.

On Saturday I am going to Festival of The Girl for a fun day out.

(*insert name/s*) will go with me to Festival of The Girl.



I will travel to Festival of The Girl by

(insert travel plans)



When I arrive at Festival of The Girl I will go through the main entrance.



I might have to wait in a queue while they look at our tickets and check our bags.

That is ok.

I will be given a wrist band to wear if I want to.

I will go up an escalator or in a lift.

I will be given a goody bag with an activity book in it and then I will enter the festival.



The festival might be busy with other people, but I will be ok. I will be with _____
(insert name/s).

When I am in the festival there will be different activities I can try.

Here are some of the activities I can try if I want to:

- Boxing
- Yoga
- Building a bridge with marshmallows and dried spaghetti
- Using a drill (this can be noisy)
- Skateboarding
- Having my face painted
- Playing football and holding a trophy
- Arts and crafts
- Army bootcamp



The activities that I would like to try are:

I can change my mind at the festival and try something different.

That is ok.

Although there will be lots going on I can take my time with _____

(insert name/s) and have fun.

I can try something new if I want to.

If I don't want to that is ok.

If I feel overwhelmed and worried that is ok. There is a quiet room I can use to relax.



When the festival is over, I will go home with my Festival of The Girl goody bag.

Going somewhere new is fun. I will learn new things. I will try something new if I want to.

Well done me!



